

Consent form

Medical and consent form

Please print and fill out all details and bring with you on the day.

Families may use one form for all participants, **unless** anyone has relevant medical conditions in which case they must be on a separate form.

Name(s)	
Age(s)	
Home address	
Postcode	
Telephone number	
Email address	
By providing your email address, you consent to being added to Adventure Access' mailing list future courses and events. If you would not like to receive such emails, please tick the box to the right.	
Emergency contact name	
Emergency contact number	
Rate your water confidence (1 not very confident – 10 very confident)	
Do you consent to your photograph being used for promotions and social media?	YES NO
Do you have any disabilities (YES/NO) Please provide details	Do you have any medical conditions (YES/NO) Please provide details

Coronavirus declaration

This declaration must be signed prior to taking part in any activities with Adventure Access.

<ul style="list-style-type: none"> ● I can confirm that I & no other person in my household is experiencing symptoms relevant to COVID-19. ● No one in my household is in a period of self isolation. ● I and the rest of my group have not come into contact with anybody that has the Virus. ● I understand that Adventure Access has taken the necessary steps to help prevent the spread of the virus & agree that I or anyone in my group presents will follow social distancing guidelines and any instructions given by staff. <p>Print name: _____ Signed: _____ Date: _____</p>
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Terms and conditions

- I have completed the consent form with correct information to the best of my knowledge.
- I or my child/ward will arrive for the session with appropriate clothing as detailed in the “What to Wear and Bring” document.
- I or my child/ward will follow the instruction or guidance of the instructors or coaches working for Adventure Access. Failure to do so may result in the cancellation of the activity to avoid risking potential harm.
- I or my child/ward will respect all Adventure Access’ and Seaham Harbour Marina’s property at all times.
- I or my child/ward will respect all other users of the facility.
- I understand that the prevailing weather conditions may result in the activity being changed or cancelled due to safety concerns of Adventure Access instructors.
- I understand that photographs of myself / child/ ward may be taken and used for promotions and social media posts – provided consent is given above.
- I give permission for myself / child / ward to receive medical attention from Adventure Access staff in the unlikely event of an incident.

You and/or you on behalf of your child/ward are consenting to take part in an adventurous activity. Although Adventure Access will take every means practically possible to ensure your safety whilst on the activity, adventurous activities are inherently dangerous and always carry a risk of injury and damage to, or loss of, personal effects. Whilst Adventure Access and it’s instructors will take every precaution to ensure your safety, there may be extenuating or unforeseen circumstances which could result in injury or death. It is important to fill in the consent form with any relevant medical information or other important information so that Adventure Access instructors have all the relevant information before you or your child takes part in the activity.

Over 18 consent

I hereby agree to abide by the above terms and conditions on partaking in activities offered by Adventure Access

Print name:

Signed:

Date:

Under 18 consent

I hereby give permission for my child / ward _____ (name) to participate in activities under the guidance of instructors approved by Adventure Access and I as a parent / legal guardian will ensure my child will abide by the above terms and conditions.

Parent /

Guardian name:

Signed:

Date:

The data collected in this form and through the online booking form will only be used by Adventure Access to aid in the safe running of activities. None of your personal data will be passed on to third parties.

You can withdraw consent at any time and request that we destroy / delete your data held on record. This can be done by notifying Adventure Access management via e-mail or written letter, although this will mean you are not able to participate in activities.

If at any time you would like to be excluded from an Adventure Access mailing list for future courses and events, please request this by emailing bookings@adventureaccess.co.uk